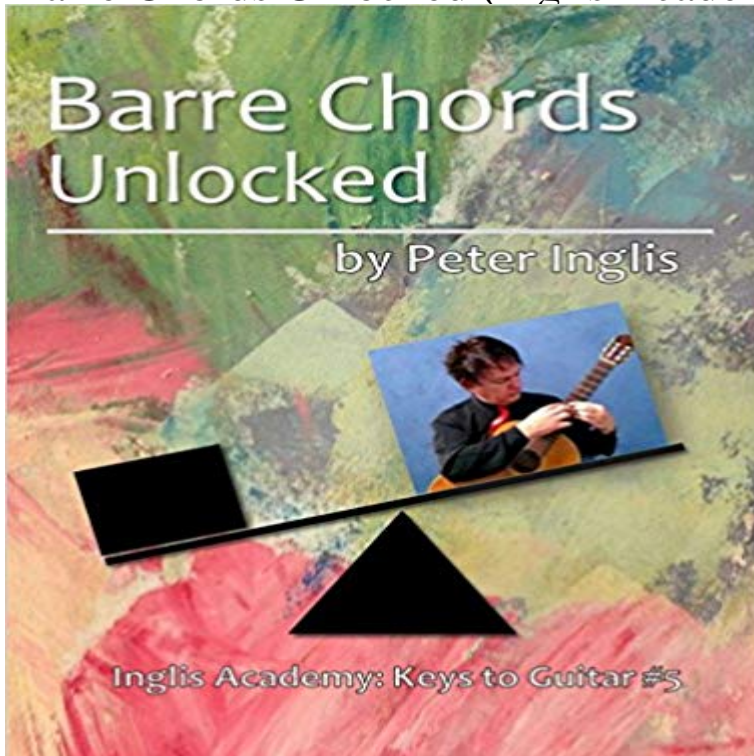


Barre Chords Unlocked (Inglis Academy: Keys to Guitar Book 5)



What will we learn in this book? How to play barre chords easily and without strain. Who is the book for? This book will help three main categories of guitarist: 1. Beginners 2. Frustrated guitarists who want to get the guitar out of the closet and have another crack at it 3. People who wish to avoid strain injury. This book took over 40 years to write! Or to be more accurate, it took me over 40 years of playing the guitar to get a conscious inventory of the barre chord technique, something I had learned within a few months of starting the guitar. Why should that be so? Arent barre chords an essential part of guitar technique? Yes, they certainly are. And they are also the reason most people (wisely) give up on the instrument after about 6 months. So why hasnt the barre chord been analysed successfully and documented from here to eternity? Because by the time our teacher becomes an author, or even a presenter on Youtube, that process of mastering the barre has been well and truly lost in the mists of time. At about the 6 month mark there is a process of natural selection - those who cant play barre chords do something other than the guitar, and those who can play barre chords carry on. A percentage of that group end up as guitar teachers. A much smaller sub-set write books about the activity. I first documented the process of how to play the barre chord back in the 1990s. Being very fortunate to have martial arts and Alexander Technique instruction when still a teenager, the barre chord came fairly easy to me. By talking about the gesture of expansion I thought I had it all covered. Those who have read my earlier books will remember how little information I thought was needed to adequately explain the activity. It was only recently that my explorations of the Feldenkrais Method led me to make conscious the connections between certain movements I had learned in the martial art Wing Chun, and the

practice of the barre chord. Using the information in this book anybody will be able to master barre chords on the guitar.

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